Dr. Celia Hildebrand

Dr. Hildebrand is a research assistant professor in the Department of Family and Community Medicine at the University of Arizona (Tucson) and a contributing faculty member of the Andrew Weil Center for Integrative Medicine. She holds a Doctor of Acupuncture and Oriental Medicine from the Oregon College of Oriental Medicine where her dual focus was on the role of East Asian Medicine in public health, and its use in trauma response and recovery.

Dr. Hildebrand has worked in the field of health care and environmental services for more than 35 years, the majority of which have included Native American communities of the Southwestern United States. Involved with higher education since 2008, she was recently appointed to the Executive Committee of the Council of Colleges of Acupuncture and Herbal Medicine, and served as Academic Dean, Chair of Clinical Education, and faculty for accredited schools of East Asian Medicine. In these roles she has collaborated with inter-disciplinary teams of Western and Eastern Medical educators, clinicians, and researchers using Evidence-Based Practices for in-patient and out-patient hospital and community clinics. Building opportunities and performance measures for interdisciplinary clinical education and practice is a critical focus for her academic work at University of Arizona.

Dr. Hildebrand maintains a private practice in Tucson, is a past Board member of Acupuncturists Without Borders, and in 2019 was awarded a Fulbright Specialist grant to teach an auricular acupuncture protocol for trauma, pain, and addiction at the Uzhorod National University School of Medicine in Ukraine. As a 2nd generation American, Southwestern Ukraine / southeastern Poland is her maternal family home; her paternal family home is Bavaria. She is especially concerned about the loss of traditional knowledge and practices which has led her to dive deeply into ethnomedicine, approaching definitions of health and well-being from cultural context of family and community.